

**Motherhealth**

Senior Home Care

**Connie Dello Buono**

408-854-1883

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408-854-1883

www.clubalthea.com

8-hr , Live-in, CNAs, Sitter in rehabs, caring caregivers

HCO # 434700121



**Motherhealth**  
**Loving caregivers**  
**408-854-1883**  
[motherhealth@gmail.com](mailto:motherhealth@gmail.com)

[www.clubalthea.com](http://www.clubalthea.com)



We supply trained caregivers to match the needs of your love ones with Alzheimer's , Parkinsons and other health issues.

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## Who is an ideal caregiver?

In interviewing many senior clients, this is what they have said of their caregivers:

- They are caring, doing above and beyond what they are supposed to do.
- They can prevent many emergencies.
- They would do more observations and can identify any missing care.
- They would ensure that I am comfortable and well taken cared of.
- They are calm, reassuring and you feel like you are with your mother.
- They know when I am in pain and would find ways to alleviate my pain.
- They do a lot of tasks including light housekeeping, cook, massage and what ever task I need help from them.
- They love to laugh and find ways to amuse me and play music or read

books with me. I love the way they fix my hair and groom me.

- They know what to cook for me and would ensure that I am hydrated and that my medication are given at the right time.
- I am less anxious when they are with me. They treat me like family.

We talk to our seniors like they are family and ensure that they get the care they need at the right time with dignity, respect and compassion.

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Email motherhealth@gmail.com for free caregiving training. Text 408-854-1883 for 24-hr response if you need caregiver in the bay area for homebound seniors.

**Added skills:**

- massage and exercises like range of motion for Parkinson
- gourmet cooking
- knowledge of First Aid and CPR, other nursing care (can be learned, just be trainable)
- knows proper ways of grooming bed-ridden clients
- knows proper way of transferring client from bed to wheelchair and other ways of moving and transport
- knows other nursing care: monitoring glucose levels, etc

From seniors in care homes and homebound, they love their caregivers in many ways.

“When I wake up in the middle of the night wet, she helps me change my clothes and beddings.”

“She reminds me to take a sip of water when my throat is dry.”

“She observes me regularly if I have a regular bowel, constipated or has a UTI since she is with me 24/7.”

Caregiving is a job for those who treat seniors like their own family. You have to learn the routine of your seniors, what food they like best, what helps them go to sleep and signs that can make their condition worse.

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Motherhealth caregivers have been serving the bay area seniors for over 10 years. They are patient and understanding when seniors are not in their best mood. They provide comfort and a constant companion to them. They hone their cooking skills based on their clients' need and health issues. Best of all, they treat them like family.

Motherhealth caregivers treat seniors like their family.